



FAMILY &
CONSUMER
SCIENCES



Creating Healthy & Sustainable Families

Mrs. Ellis (aellis@cassville.k12.mo.us) conference time 11:50-12:37

Middle school FCCLA Advisor

Welcome to a great school year. FCS is a project based class to focus on developing skills for life. This year we will hope to build your leadership skills and prepare you for a successful future.

The scope and of this class is to cover the following units:

Develop your leadership skills while working as a team.

Learning about you and developing positive relationships.

Becoming aware of the importance of family and how diverse they are.

Identifying and demonstrate ways to manage consumer resources.
(housing, clothing and foods especially)

Examine and learn about the importance of nutrition, health and wellness.

Exploring careers can match your interests and talents.

Using FCCLA programs to encourage students to become members while participation in Power of One projects and STAR events.

Students will be able to join the FCCLA middle school chapter that meets after school and work on community service projects and school projects.

Class rules: Students are required to follow the school matrix. In FCS that means to treat others as you wish to be treated. That will look like: You are considerate of personal space and property, others opinions and feelings. In class you need to participate in class work and discussions which includes asking questions and being honest. The next requirement is to be responsible. In FCS that means to follow the class procedures and safety rules. The third is to be ready. In FCS that means to come to class prepared with an, "I will try." attitude.

Grading: Daily work and a mix of group and individual projects will be common in this class. Students will have a grading sheet for projects or an explanation of the expectations to master the material. Students will need to be organized and keep their work on file in a folder. This can be left in the classroom if desired. Each quarter the student will plan and complete a Power of One project. FCCLA members will be encouraged to complete and compete with a STAR event at the regional level with hope of continuing to State or National competition.

Supplies: Standard supplies such as a folder OR small binder, paper pencil or pen. There will be supplies that may be needed for projects such as poster board, trifold boards and sewing supplies as the class moves through the units.

Please sign below that you have had the opportunity to read about this class. If you have any questions feel free to contact me. If you have questions about FCCLA the web address is www.fcclainc.org

Parent signature

Student signature